

All units in torque

Edit any value and every other unit updates instantly.

METRIC · 5 units		▲
kilonewton meter	kNm TO UNIT	0.000001000
kilopond meter	kp·m i	0.0001020
newton meter	Nm i	0.001000
newton centimeter	Ncm	0.1000
millinewton meter	mNm FROM	1.000
BRITISH / AMERICAN · 3 units		▲
pound-foot	lbf·ft i	0.0007376
pound-inch	lbf·in	0.008851
ounce-inch	ozf·in	0.1416



How your data is used



Your privacy preferences are important. That's why, based on legitimate interest, we and our partners process and share only limited data such as your device type and content interactions for advertising, research and service development purposes.

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Conversion table from millinewton meter to newton meter

MILLINEWTON METER	NEWTON METER
0	0
1.000	0.001000
2.000	0.002000
3.000	0.003000
4.000	0.004000
5.000	0.005000
6.000	0.006000
7.000	0.007000
8.000	0.008000
9.000	0.009000
10.00	0.01000
11.00	0.01100
12.00	0.01200
13.00	0.01300
14.00	0.01400
15.00	0.01500
16.00	0.01600
17.00	0.01700
18.00	0.01800
19.00	0.01900
20.00	0.02000
21.00	0.02100



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MILLINEWTON METER	NEWTON METER
22.00	0.02200
23.00	0.02300
24.00	0.02400
25.00	0.02500
26.00	0.02600
27.00	0.02700
28.00	0.02800
29.00	0.02900



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Conversion table from millinewton meter to kilopond meter

MILLINEWTON METER	KILOPOND METER
0	0
1.000	0.0001020
2.000	0.0002039
3.000	0.0003059
4.000	0.0004079
5.000	0.0005099
6.000	0.0006118
7.000	0.0007138
8.000	0.0008158
9.000	0.0009177
10.00	0.001020
11.00	0.001122
12.00	0.001224
13.00	0.001326
14.00	0.001428
15.00	0.001530
16.00	0.001632
17.00	0.001734
18.00	0.001835
19.00	0.001937
20.00	0.002039
21.00	0.002141



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MILLINEWTON METER

KILOPOND METER

22.00	0.002243
23.00	0.002345
24.00	0.002447
25.00	0.002549
26.00	0.002651
27.00	0.002753
28.00	0.002855
29.00	0.002957



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Conversion table from millinewton meter to pound-foot

MILLINEWTON METER	POUND-FOOT
0	0
1.000	0.0007376
2.000	0.001475
3.000	0.002213
4.000	0.002950
5.000	0.003688
6.000	0.004425
7.000	0.005163
8.000	0.005900
9.000	0.006638
10.00	0.007376
11.00	0.008113
12.00	0.008851
13.00	0.009588
14.00	0.01033
15.00	0.01106
16.00	0.01180
17.00	0.01254
18.00	0.01328
19.00	0.01401
20.00	0.01475
21.00	0.01549



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MILLINEWTON METER	POUND-FOOT
22.00	0.01623
23.00	0.01696
24.00	0.01770
25.00	0.01844
26.00	0.01918
27.00	0.01991
28.00	0.02065
29.00	0.02139



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