

All units in mass

Edit any value and every other unit updates instantly.

METRIC · 10 units ▲	
tonne t ⓘ	0.00002835
kilonewton kN TO UNIT	0.0002780
centner centner	0.0002835
kilogram kg ⓘ	0.02835
gram g ⓘ	28.35
carat ct ⓘ	141.7
centigram cg	2 835
milligram mg	28 350
microgram µg	28 349 523
nanogram ng	28 349 523 125
AVOIRDUPOIS (U.S.) · 9 units ▲	
long ton long ton ⓘ	0.00002790
short ton short ton ⓘ	0.00003125
long hundredweight cwt (long)	0.0005580
short hundredweight cwt (short)	0.0006250
stone st	0.004464
pound lb ⓘ	0.06250

ounce oz FROM ⓘ	1.000
dram dr	16.00
grain gr	437.5
TROY · 7 units ▼	
pound (troy) lb t	0.07595
ounce (troy) oz t	0.9115
pennyweight dwt	18.23
carat (troy) ct t	138.3
grain (troy) gr t	437.5
mite mite	8 750
doite doite	21 000
JAPANESE · 4 units ▼	
oku oku	0.0001572
kann kann	0.007560
kinn kinn	0.04725
monme monme	7.560
CHINESE · 2 units ▼	
tael tael	0.5670
ku ping ku ping	0.7598
OLD SWEDISH · 6 units ▼	

skeppspund skeppspund	0.0001668
lispund lispund	0.003334
skalpunt skålpund	0.06670
mark mark	0.1334
uns uns	1.016
lod lod	2.132

Conversion table from ounce to kilogram

OUNCE	KILOGRAM
0	0
1.000	0.02835
2.000	0.05670
3.000	0.08505
4.000	0.1134
5.000	0.1417
6.000	0.1701
7.000	0.1984
8.000	0.2268
9.000	0.2551
10.00	0.2835
11.00	0.3118
12.00	0.3402
13.00	0.3685
14.00	0.3969
15.00	0.4252
16.00	0.4536
17.00	0.4819
18.00	0.5103
19.00	0.5386
20.00	0.5670
21.00	0.5953

OUNCE**KILOGRAM**

22.00

0.6237

23.00

0.6520

24.00

0.6804

25.00

0.7087

26.00

0.7371

27.00

0.7654

28.00

0.7938

29.00

0.8221

Conversion table from ounce to gram

OUNCE	GRAM
0	0
1.000	28.35
2.000	56.70
3.000	85.05
4.000	113.4
5.000	141.7
6.000	170.1
7.000	198.4
8.000	226.8
9.000	255.1
10.00	283.5
11.00	311.8
12.00	340.2
13.00	368.5
14.00	396.9
15.00	425.2
16.00	453.6
17.00	481.9
18.00	510.3
19.00	538.6
20.00	567.0
21.00	595.3

OUNCE**GRAM**

22.00

623.7

23.00

652.0

24.00

680.4

25.00

708.7

26.00

737.1

27.00

765.4

28.00

793.8

29.00

822.1

Conversion table from ounce to pound

OUNCE	POUND
0	0
1.000	0.06250
2.000	0.1250
3.000	0.1875
4.000	0.2500
5.000	0.3125
6.000	0.3750
7.000	0.4375
8.000	0.5000
9.000	0.5625
10.00	0.6250
11.00	0.6875
12.00	0.7500
13.00	0.8125
14.00	0.8750
15.00	0.9375
16.00	1.000
17.00	1.063
18.00	1.125
19.00	1.188
20.00	1.250
21.00	1.313

OUNCE	POUND
22.00	1.375
23.00	1.438
24.00	1.500
25.00	1.563
26.00	1.625
27.00	1.688
28.00	1.750
29.00	1.813